



## Unici-Té

Delicious and fresh, Unici-Té will give you a refreshing flavor for your morning or evening drink.



Unici-Té contains lemon and aromatic herb flavors that naturally provide antioxidants and a light touch of sugar. Drink it hot or cold on its own as a hydrating drink, or enjoy it alongside your meals.

#### INGREDIENTS

Flavors (natural flavors, aromatic herb), citric acid, erythritol (16 372 mg/100 g), sodium gluconate, stevia extract (Stevia Rebaudiana L.) (1 637 ml/100 g), sucralose (131.1 mg/100 g).

Contains: Erythritol. The excessive use of this sweetener may cause laxative effects.



## **FEATURES**

- Contains aromatic herb flavors to add a fresh taste
- Delicious lemon flavor
- Contains between 10–15 mg/100 ml of naturally occurring caffeine
- Contains sodium gluconate, a source
  of electrolytes
- No added sugars

### **IDEAL FOR**

- Adults who want to stay hydrated throughout the day
- Athletes and people who exercise
- Those looking for a morning beverage to start their day with
- Individuals wanting something to drink between meals

Children and those sensitive to caffeine should avoid consuming Unici-Té.

### USAGE

Add half a sachet (3.05 g) to 450 ml of cold or hot water and stir. Each sachet contains two servings.



### **TRY THIS!**



Stir your hot Unici-Té with a cinnamon stick

Add a tablespoon of coconut oil to your Unici-Té





Try Unici-Té with ice for a delicious and refreshing drink

### WHEN TO DRINK



Before working out



Between meals



In the morning to start your day.



To stay hydrated during your activities.

# Unici-Té

# How much caffeine does each serving of Unici-Té have?

Half a sachet of Unici-té mixed with 450 ml of water (a large cup) will have enough flavor and provide a maximum of 67.5 g of caffeine (less than a cup of coffee, which contains approximately 75–85 mg of caffeine).

#### Does Unici-Té contain added caffeine?

No. All the caffeine in Unici-Téi is provided naturally by its ingredients.

# Can I take Unici-Té with other products that contain caffeine (e.g., green tea, coffee, supplements)?

Yes. As long as you are not sensitive to caffeine and do not consume more than 400 mg of caffeine per day (either supplied naturally or added to the food and drink you consume). Up to 400 mg caffeine per day is the maximum amount considered safe for most people.

# Can Unici-Té be consumed by pregnant or breastfeeding women, or by children?

No. Unici-Té contains sweeteners and natural caffeine, so it is not recommended for children or those who are pregnant or breastfeeding.

# Is Unici-Té compatible with ketogenic or other low-carb diets?

Yes. Unici.-Té contains only 0.1 g of sugar per 100 ml, so it doesn't have a significant contribution to carbohydrates and is compatible with keto and low-carb diets.

#### Can I drink Unici-Té more than once a day?

Yes, as long as you are not sensitive to caffeine. If you don't combine it with other caffeinated drinks, you can consume up to 5 servings a day (2 ½ sachets).

# Can I use more or less water than the amount indicated on the instructions for use?

Half a sachet of Unici-Té provides enough flavor when combined with 450 ml of water (a large cup). However, you can add more water if the taste is too concentrated for you.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Unicity.com Customer Service: 1-800-864-2489 © 2023 Unicity International, Inc. All Rights Reserved.