UNICITY BALANCE

Feel Your Best – extra fit with fibre

Each Unicity product is designed to make your life better.

Our great science-based products can help support your metabolic functions significantly and provide you with more energy and wellness!



IDEAL FOR ALL THOSE WHO...

- want to get active for their health
- are looking for support for their weight management

PRODUCT DESCRIPTION

Staying fit, controlling our weight and being in good shape that's what we all want!

Get the effective support that you need for your healthy lifestyle with Unicity Balance. This vitamin-rich dietary fibre drink offers a whole range of benefits: If you drink Balance before a meal, the fibre it contains will help slow the absorption of glucose into the bloodstream and reduce the increase in glucose and insulin levels. This optimizes fat burning. You will feel full for longer whilst improving your digestion.

Balance is the perfect supplement to a healthy diet and your sports program. Get yourself in top form both externally and internally!

CONTENT

435 a

Serving size: 1 sachet (7.25 g) Servings per package: 60

RECOMMENDED USE

Mix the contents of one sachet with 250 ml water. Shake well and consume immediately. Drink twice daily approx. 10 min. before a meal.

For optimal tolerance drink with plenty of water!*







INGREDIENTS AND EFFECTS

- dietary fibres ensure prolonged fullness and slow down the sugar absorption in the blood
- · contributes to the normal functioning of digestive enzymes
- contributes to a normal energy metabolism
- supports healthy cholesterol and triglyceride levels
- helps protect the cells from oxidative stress
- contributes to a normal functioning of the immune system
- · helps to reduce fatigue and exhaustion
- supports the maintenance of healthy skin and hair

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Recommendation for weight management: For an even better result, stick to the 4-4-12 rule. Take a break of at least 4 hours between meals during the day, during which you consistently eat nothing – not even small snacks! Also make sure that there are at least 12 hours between dinner and breakfast. These intervals optimize fat burning!

For even more effect, combine Unicity Balance with Unicity Complete® to combat cravings and help burn more fat.

INDEPENDENT RECOMMENDATION

Unicity Balance Cholesterol is proven to be free of doping relevant substances and has been included on the *Cologne List®*.

UNICITY SCIENCE

Find out more about our scientific work on Unicity products at *unicityscience.org*.



NUTRITIONAL VALUES

Durchschnittliche Nährwerte pro Sachet • Valeurs nutritives moyennes par sachet • Valori nutritivi medi per bustina

Pro•per Sachet / Par Sa	er Sachet / Par Sachet / Per Bustina	
Brennwert • energy • energia	70 kJ • 20 kcal	
Eiweiß • Protéines • Proteina		< 0,5 g
Kohlenhydrate • Glucides • Carboidrati		3 g
– davon Zucker • dont sucre • di cui zuccheri		0 g
Ballaststoffe • Fibres alimentaires • Fibre alimentari		3,5 g
Natrium • Sodium • Sodio		0.010 g
Vitamin A • (aus Pro-Vitamin A)	260 µg	32%
Vitamine A (de la provitamine A)		
Vitamina A (da provitamina A)		
Vitamin B1 • Vitamine B1 • Vitamina B1	1,75 mg	(159%*
Vitamin B2 • Vitamine B2 • Vitamina B2	1,75 mg	(125%*
Vitamin B6 • Vitamine B6 • Vitamina B6	1,75 mg	(125%*
Vitamin B12 • Vitamine B12 • Vitamina B12	2,5 µg	(100%*
Niacin • Niacine • Niacina	20 mg	125%
Folsäure • Acide Folique • Acido Folico	220 µg	110%
Vitamin C • (aus Pro-Vitamin C)	45 mg	(56%*
Vitamin E • (aus Pro-Vitamin E)	13,7 mg	(114%*
Chrom • Chrome • Cromo	100 µg	250%
Portionsgröße & empfohlene tägliche Verzehrsmenge:	1 Sachet à 7	7 25a
Grandeur de la portion & quantité journalière recommandée:	1 sachet de 7,25g	
Grandezza della porzione & dose giornaliera raccomandata:	1 bustina da 7,25g	
* % empfohlene Tagesdosis • % apport journalier recommandé • % d	ose giornaliera ra	eccomand

INGRÉDIENTS

Biosphere Fiber $^{\mathbb{M}}$ (guar gum, gum arabic, locust bean gum, pectin, oat fibres, maltodextrin from maize, beta-glucan), Unicity $7x^{\mathbb{M}}$ (protected mixture of polysaccharides of vegetable origin, orange juice powder mixture, acidity regulator: citric acid, calcium carbonate), Bios Cardio Matrix $^{\mathbb{M}}$ (soy concentrate, sugar beet extract), Bios vitamin Complex $^{\mathbb{M}}$ (biotin, calcium carbonate, Folic acid, nicotinamide, beta-carotene, thiamine hydrocloride, riboflavin, Pyridoxine hydrocloride, cyanocobalamin, ascorbic acid, d-alpha-tocopheryl acetate, zinc gluconate, chromium picolinate), Orange juice powder, sweetener: sucralose, acidity regulator: citric acid.

NOTE: * Ingestion of this product without sufficient liquid may cause retching.